

## Convert an MP3 to a WAV using Audacity

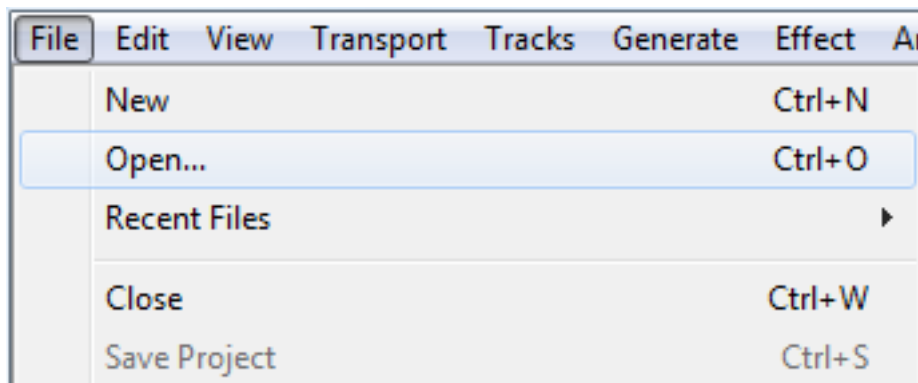
### Download and Install Audacity:

**NOTE:** The following article is for informational purposes. Stenograph has no affiliation with Audacity and does not offer technical support with the installation or use of Audacity itself but this is a common method of converting MP3 format audio files to WAV format.

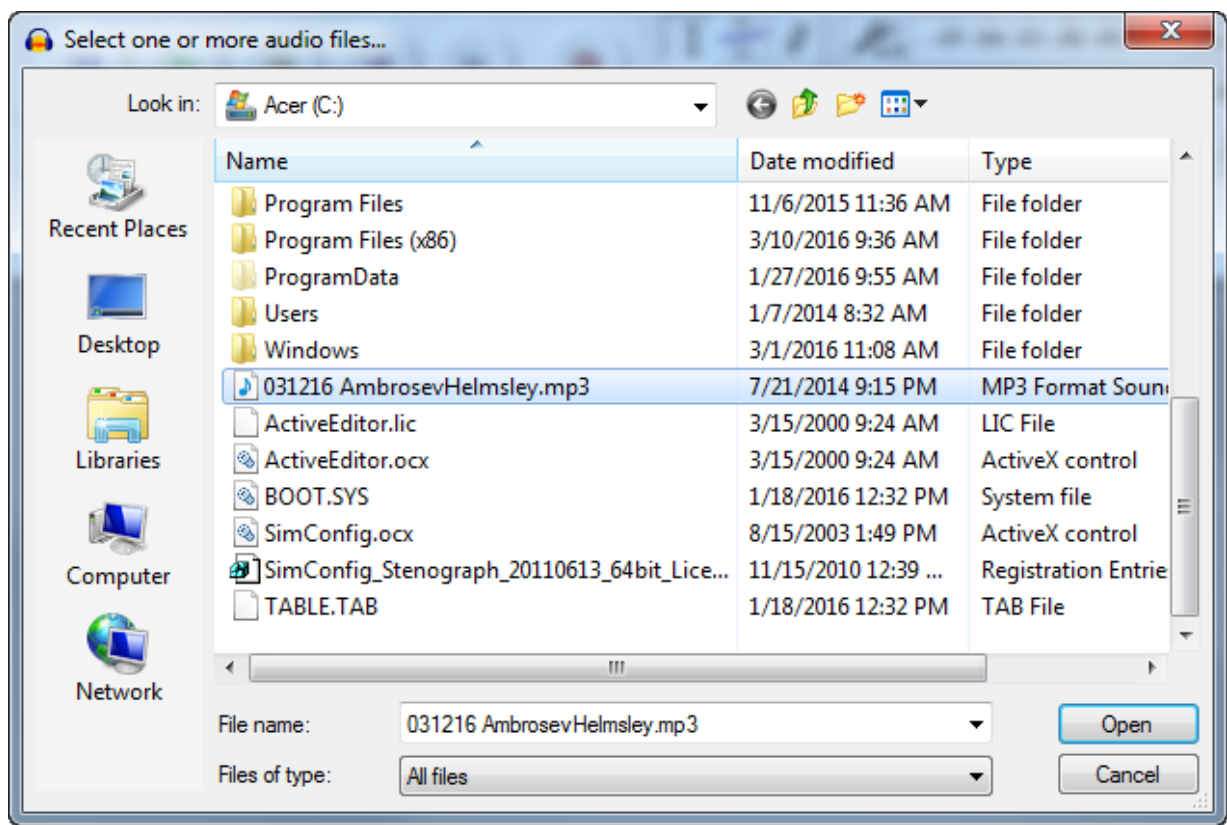
1. Download Audacity using a web browser of your choice or left click the link provided: <http://www.audacityteam.org/download/>
2. Save the file to your computer (e.g. Desktop).
3. Install Audacity from the save location by double clicking the downloaded file.

### Convert an MP3 to a WAV using Audacity:

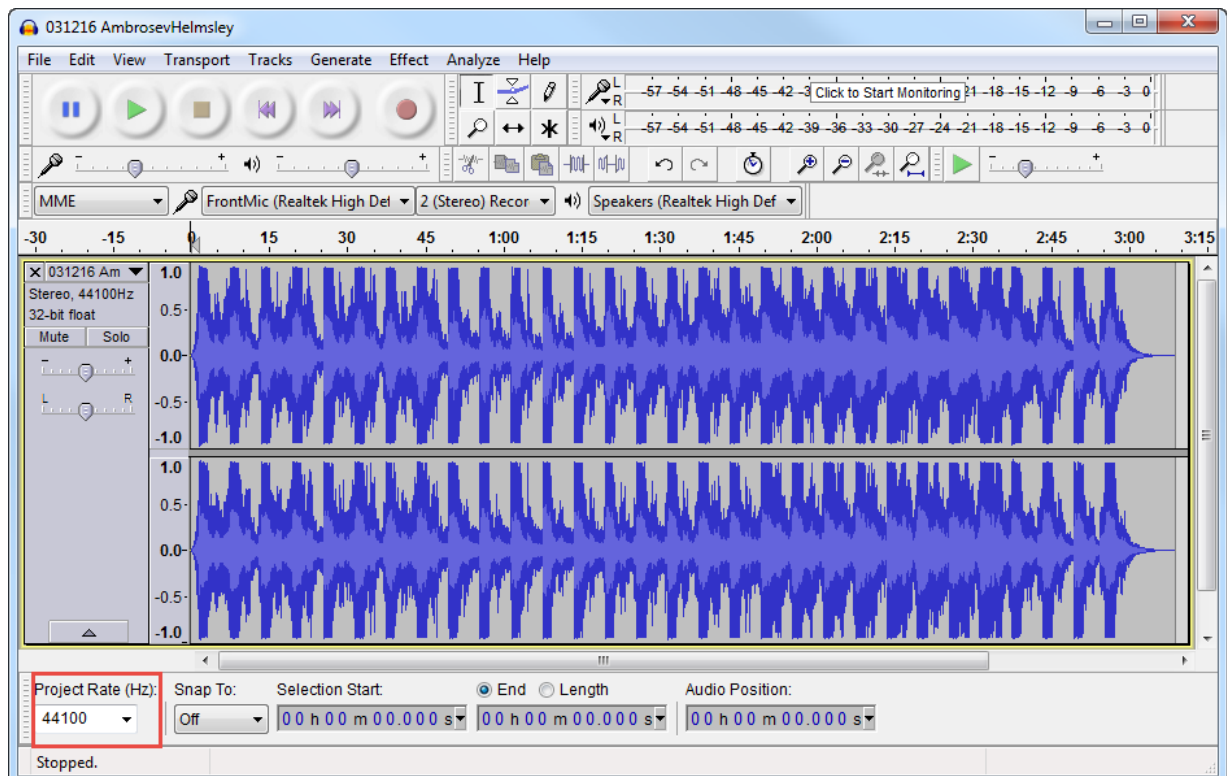
1. Open Audacity then left click **File, Open**.



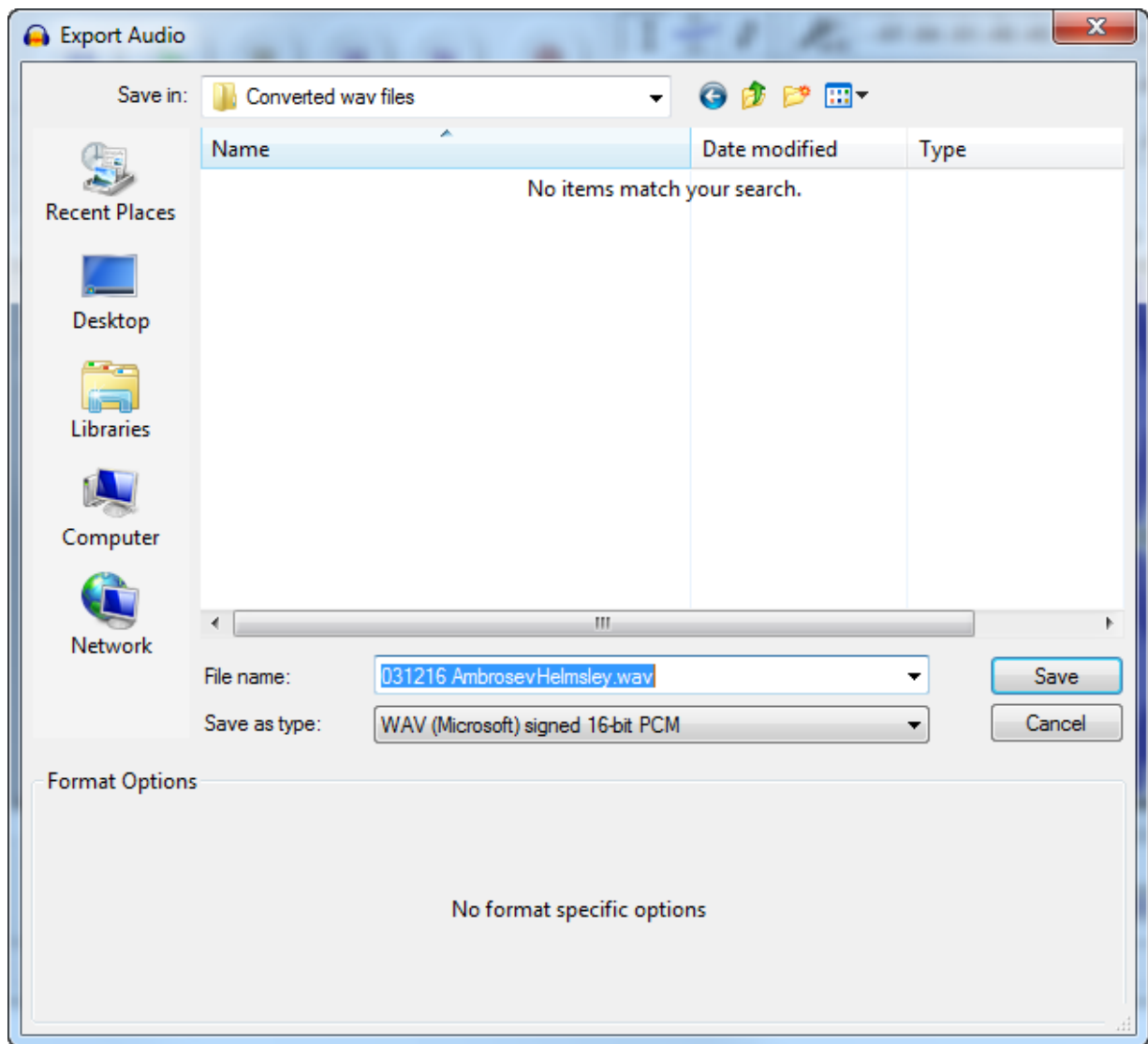
2. The "Select one or more audio files" dialog box displays. Browse to the location of the MP3 file, single left click on the file, then click **Open**.



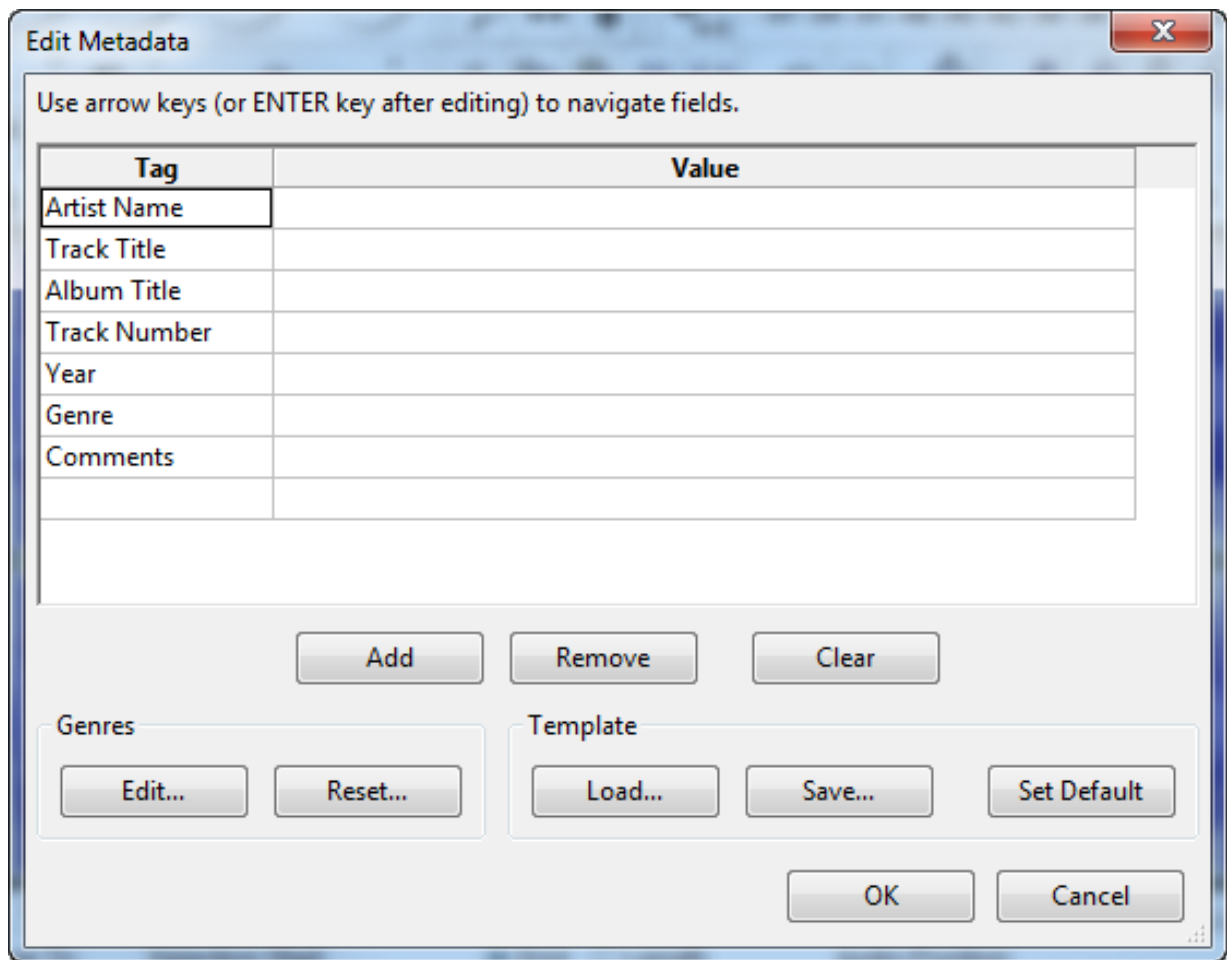
- Once the MP3 has been opened you will see something similar to the image below. In the lower right-hand corner of the display is the Project Rate (Hz): option. Change the rate to 8,000.



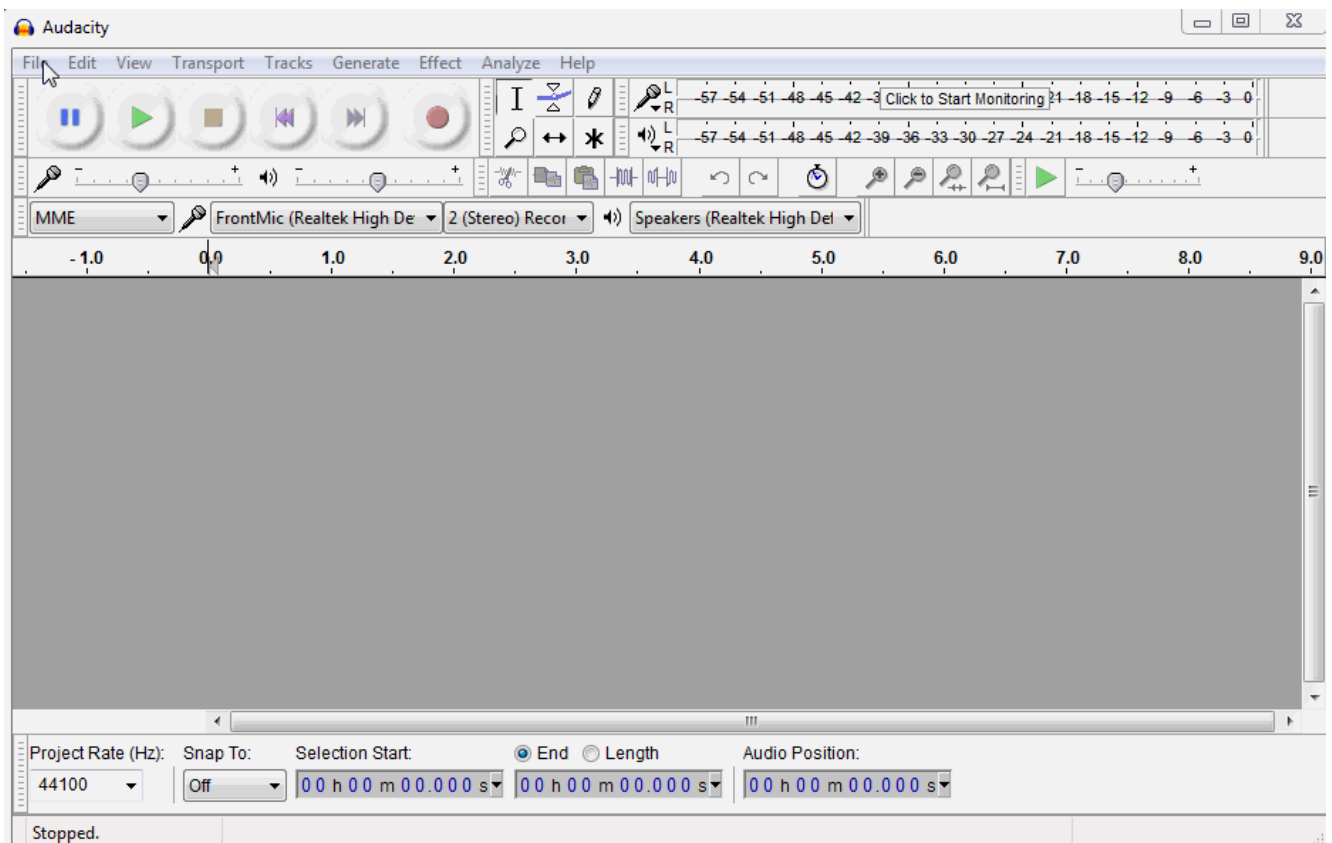
- Now left click on **File, Export Audio**. The Export Audio dialog box displays. Select the save location for the wav file. Next to the Save as type: drop down menu, make sure Wav (Microsoft) signed 16-bit PCM is selected. Click **Save**.



5. Finally, an Edit Metadata dialog box will appear. Click the **OK** button.



Here is a short animation showing the MP3 to WAV conversion process. Please note that the animation loops.



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Case CATalyst -> Audio -> Convert an MP3 to a WAV using Audacity

<http://www.stenographsolutions.com/solution/index.php?View=entry&EntryID=130>